

Southern Region, B.S.A.
Yachting Initiative
Program Elements
COAST GUARD AUXILIARY POTPOURRI

Learning Objectives:

As a result of this session the participant should:

- Become familiar with safety concerns regarding small boats
- Be aware of the symptoms and effects of hypothermia and carbon monoxide poisoning
- Be introduced to sailing and its relationship to motorboats

Resources:

Boating Skills & Seamanship, Eleventh Edition, U.S. Coast guard Auxiliary, Chapter 13

Material and Equipment:

Equipment Items

Overhead Projector, as required by instructor

Material Items

None

Instructor Qualification:

U.S. Coast Guard Auxiliary Trainer presence required for USCGAUX Certificate Program

U.S. Power Squadron Instructor, Council Venturing Trainer or equivalent

Time Allocation: 1.5 Hours

Session Plan:

Classroom Session (30 Minutes)

1. Module Introduction.

a. Introduce yourself and each member of the module staff.

b. Explain the objectives of this module.

c. Explain that the examination at the end of the classroom session is optional, however it is available for those whom wish to obtain a U.S. Coast Guard Auxiliary Certificate of Completion.

2. Small Boat Safety.

a. Discuss briefly the following concerns regarding small boat safety:

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1. Boating Fatalities
 2. Small Boat Stability
 3. Staying with the Boat
3. **Hypothermia.**
- a. Discuss briefly the following regarding hypothermia:
 1. Stages in Hypothermia
 2. Prevention of Hypothermia
 3. Activity and Hypothermia
 4. The Heat Escape Lessening Position (HELP)
 5. Helping Hypothermic People
4. **Understanding Sailboats.**
- a. Discuss briefly the following sailboat skills:
 1. Tacking
 2. Mooring and Anchoring
 3. Minimum Wind Conditions
 4. Wind and Wake
 5. Blocking the Wind
 6. Obscured Vision
 - b. Discuss briefly the special navigation rules for sailboats as follows:
 1. Priority of Sailboats
 2. Sailing Races
5. **Carbon Monoxide Poisoning.**
- a. Discuss briefly the following regarding carbon monoxide poisoning:
 1. Symptoms of Carbon Monoxide Poisoning
 2. Carbon Monoxide and Ventilation
 3. Preventing Carbon Monoxide Poisoning

Examination (60 Minutes)

The Boating Skills and Seamanship Examination is to be administered by an authorized U.S. Coast Guard Auxiliary Instructor. Successful completion of the examination will result in the participant being awarded an U.S. Coast Guard Auxiliary Certificate of Completion.